

## Membership Fee Schedule

Monthly subscription to become a member of DrLindyMD:

- Ages 0-17: \$45/month (each additional child at same address is \$10)
- Ages 18-27: \$60/month
- Ages 28-64: \$120/month
- Ages 65+: \$135/month

Initial enrollment fee of \$50/enrollee age 18+

### Discounts

- Couples / family rate: 15% discount on total monthly cost
- Family max: \$269/month (including adult children up to age 27)

### Additional Plans

- College Plan: \$50/month (FT students)
- Home Visit Plan: \$225/month (within 10 mile radius of office)
- 60 Minute Consultation - \$300
- 90 Minute Consultation - \$450

**Added Bonus:** Relatives and visitors to member's home may receive a one-time acute care office visit \$120/30 minute visit.

- Quick and Easy Access
- Unhurried Office Visits
- Whole Person Approach
- Physician-Patient Partnership
- Simple Monthly Fee
- Discounted Tests & Meds
- No Co-Pays or Deductibles

## Ready to Become a Member?

We are very excited to have you join us at DrLindyMD.

We are looking forward to serving you and your family, to bring you personalized and comprehensive care that exceeds your expectations.

### Steps to membership

View the **Join Us** page on our website:

Use our secure online enrollment form at:  
<https://drlindymd.com/membership-join-us/>  
Or

Call Membership Services:  
(970) 493-1027

*"The physician should not treat the disease, but the patient who is suffering from it."*

~ Malmonides



**2900 S. College Ave, Suite 3G  
Fort Collins, CO 80525-2562**

**Phone:** (970) 493-1027

**Fax:** (970) 305-5245

**Email:** [info@DrLindyMD.com](mailto:info@DrLindyMD.com)

**Website:** <https://DrLindyMD.com>



Family Medicine  
with a  
Holistic Approach

**DIRECT  
PRIMARY  
CARE**

**Dr Lindy Burnham  
(970) 493-1027**

## Dr Lindy's Philosophy



My goal is to provide you, at your appointment, a high level of personal attention to ensure your questions and concerns are addressed such that you leave my office with a clear plan for your next steps.

I want you to engage in shared decision-making and agreed upon action plan, to move into the practice of optimum health, else improved health.

My role as a physician teacher is to provide you with knowledge and tools to manage your health concerns, to provide primary care services, and to navigate our complex healthcare system when needed.

I teach the art and science of practicing wellness: how to breathe well, eat well, especially plant-based foods, pee and poop well, sleep well, relax well, exercise and move well, move to and maintain your ideal body weight, while all around you, life is constantly changing. When your body and energy systems are in balance, you are at low risk for chronic disease.

I see the human body as a human energy system. Our emotional anatomy is as real and well ordered as our physical anatomy. Each of us is more than our bodies. Our soul is attached to our bodies, and so much more. In my office, we focus on the mind-body, including emotional-body's ability to heal, acute medical illnesses, chronic conditions, and when needed, link to outside medical and health care providers.

## Direct Primary Care...

- Is sometimes described as concierge care for the masses.
- Is a customized approach to medical care that recognizes and works with your time constraints.
- Is free of overhead and hassles.
- Is free from topic and time constraints present in traditional, insurance driven PCP visits.
- Delivers more precise and integrated primary care treatment pathways.
- Means easy access to Dr Lindy, resulting in a soothing, positive encounter.
- Allows for easy and direct appointment scheduling via phone with Dr Lindy.
- Allows the freedom to discuss more than one topic during your visit; is concerned with whole health.

## Additionally...

- An entire year's membership costs less than one unanticipated emergency room or urgent care visit.
- Often, one year's membership pays for itself in health cost savings, as well as peace of mind that accompanies early recognition and intervention.

## As a Member, you will have:

- Direct and easy access to me via phone, text, email and office visits
- Virtual visits – if you don't need to come into the office
- Medication refills without having to schedule a separate office visit
- No co-payments
- Access to discounted, generic medications, labs and imaging
- Little to no wait time in the office
- Longer, unrushed appointments, to address more than one issue during your visit
- Convenient, same- or next-day appointments, always with me, your PCP
- The ability to keep your medical records private from insurance plans
- Affordable, transparent primary care – no unexpected billing
- Reduced likelihood of ER visits and hospitalizations
- Home visit availability
- Family members and visitors to member's home may receive a one-time, acute care office visit (See fee schedule)

**DR LINDY MD**   
Heads & Hearts Healing Together

**2900 S College Ave., Suite 3G  
Fort Collins, CO 80525-2562**

**Phone:** (970) 493-1027

**Fax:** (970) 305-5245

**Email:** [info@DrLindyMD.com](mailto:info@DrLindyMD.com)

**Website:** <https://DrLindyMD.com>